

Maharishi Mahesh Yogi's Visit to Nepal in November 1974

n November 1974 the Vedic Sage, Maharishi Mahesh Yogi, visited Nepal to revive the essential Vedic teaching in Nepal, which is contained in the practice of Maharishi's Transcendental Meditation and had been verified by modern scientific research to have enormous benefits for the individual and society.

During his visit, large posters were widely distributed throughout Kathmandu, featuring Maharishi's photo and a seven-day itinerary for his Nepal visit to inspire the people of Nepal to follow their Vedic tradition, Maharishi proposed that Nepal should take responsibility for world peace. He suggested that 11,111 Vedic Pandits should practice Transcendental Meditation and perform daily the Rudrabhishek

Yagya for World Peace and harmony at the highly auspicious Pashupatinath Temple – this would insure Nepal's permanent peace and prosperity.

This proposal, which included a twelve-point programme for Nepal's sustainable development, was presented to Nepal Prime Minister (2000–2001, 2006–2008) Girija Prasad Koirala by Deepak Prakash Baskota, Chairman of Nepal Maharishi Vedic Foundation.

In a time when television was almost unknown in Nepal, Maharishi brought 500 television sets and set up a temporary tower in the famous Swayambhu Buddhist Temple situated on a high point in



Maharishi brought 500 television sets to Nepal

Kathmandu Valley. Maharishi also installed many televisions in the offices of key officials in the Royal Palace and Singha Durbar (main administrative buildings of the Government of Nepal). From an open stage in Kathmandu's Central Park (Ratna Park), he shared his message and activities for two days and then began teaching Transcendental Meditation (TM) to over 25,000 people through earphones (a technology never used in Nepal).

This year, 2024, marks 50 years since Maharishi Mahesh Yogi's visit to Nepal, which we are announcing as the Golden Jubilee Celebration – 1974 to 2024

Therefore, we propose to celebrate in a grand way with over 60 world-renowned scientists and practitioners of Transcendental Meditation joining the festivities.

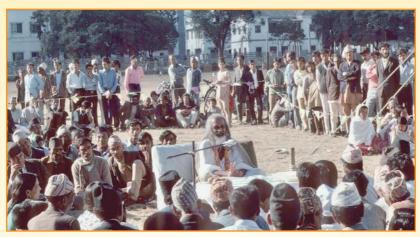
Highlights include:

- Ati Rudra Vishwakalyan Mahā Yagya with 1,331 Maharishi Vedic Pandits
- 2nd International Conference on **Vedic Science** and **Modern Science**
- Golden Jubilee Celebration will begin with a grand procession on November 6 in the streets

of Kathmandu, near to where Maharishi spoke

- Procession will feature traditional cultural displays of Nepal along with sounding of conches and bells
- Inauguration will include the lighting of 108 lamps and the honouring of Mother Divine (*Kanya Pūjā*)
- Special discourses/lectures on the essence of the Shrīmad Bhāgavata Mahā Purān each day, from 5:00-7:00 pm
- Evening cultural programmes and participation of international experts and dignitaries
- Maharishi Yoga Āsanas will be conducted from 5:30-6:00 am
- Group practice of Transcendental Meditation (TM) and the TM-Sidhi programme from 6:00– 7:00 am and 5:00–6:30 pm
- · Rudrabhishekh, Sahashra Chandi, Gayatri Patha
- Presentations and Speakers 1:00-4:00 pm





Maharishi in Nepal 1974



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Nepal Maharishi Vedic Foundation will provide its professional Travel Service Team (https://visitkailashtreks.com/maharishi/) to assist all international guests with their travel, hotel, and private tours (at guests' cost). Or guests can plan their own travel and hotel.

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